

Senior Vitality
Stages of Life – Part 4
Life Church St. Louis – August 22, 2021
Lead Pastor – Dr. Dan Walker
Message Videos – www.lcstl.org/messages

Deuteronomy 5:16 (ESV) “Honor your father and your mother, as the LORD your God commanded you, that your days may be long, and that it may go well with you in the land that the LORD your God is giving you.

1 Timothy 5:1-2 (ESV) Do not rebuke an older man but encourage him as you would a father, younger men as brothers, older women as mothers, younger women as sisters, in all purity.

Leviticus 19:32 (ESV) “You shall stand up before the gray head and honor the face of an old man, and you shall fear your God: I am the LORD.

1. God is _____ throughout life

Psalm 37:23 (ESV) The steps of a man are established by the LORD, when he delights in his way;

Psalm 37:25 (ESV) I have been young, and now am old, yet I have not seen the righteous forsaken or his children begging for bread.

Proverbs 16:31 (ESV) Gray hair is a crown of glory; it is gained in a righteous life.

2. _____ yet to be won

Joshua 14:10b-11 (ESV) And now, behold, I am this day eighty-five years old. I am still as strong today as I was in the day that Moses sent me; my strength now is as my strength was then, for war and for going and coming.

Joshua 14:12 (ESV) So now give me this hill country of which the LORD spoke on that day, for you heard on that day how the Anakim were there, with great fortified cities. It may be that the LORD will be with me, and I shall drive them out just as the LORD said.”

Psalm 92:14-15 (ESV) They still bear fruit in old age; they are ever full of sap and green, to declare that the LORD is upright; he is my rock, and there is no unrighteousness in him.

3. Be faithful in _____ God

Luke 2:25 (ESV) Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, waiting for the consolation of Israel, and the Holy Spirit was upon him.

Luke 2:26 (ESV) And it had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord’s Christ.

Luke 2:27-28 (ESV) And he came in the Spirit into the temple, and when the parents brought in the child Jesus, to do for him according to the custom of the Law, he took him up in his arms and blessed God ...

Action Plan for This Week

- Have a daily time of Bible reading & prayer Mon Tue Wed Thu Fri Sat Sun
- Invite a friend to attend the service next week.
- How will I obey God’s Word this week? _____

Senior Vitality Study Guide

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- Intro. Why is the honoring of parents throughout life so important (Deuteronomy 5:16)?
- Intro. How should senior men and women be treated by younger believers (1 Timothy 5:1-2)?
- Intro. In what ways should older people be honored according to God's Word (Leviticus 19:32)?
- 1A. What does it mean to say that a person's steps are established by the Lord (Psalm 37:23)?
- 1B. How does David describe God's faithfulness to the righteous throughout life (Psalm 37:25)?
- 1C. Why would gray hair be a crowning glory for God's people (Proverbs 16:31)?
- 1D. In what challenges do older people need to trust God's faithfulness?
- 2A. Why do you think that God blessed Caleb with strength in his senior years (Joshua 14:10-11)?
- 2B. Why is it important to stay focused on God's future plans and promises for us, no matter our age (Joshua 14:12)?
- 2C. What are some ways older adults can effectively minister in the church (Psalm 92:14-15)?
- 2D. In what sense do senior believers never retire from God's army?
- 3A. What can Simeon's faith teach us about holding to the hope of Christ's return (Luke 2:25)?
- 3B. How can Simeon's determination affect the way we view prayer (Luke 2:26)?
- 3C. What does Simeon's account tell us about how Christians can approach their later years of life (Luke 2:27-28)?
- 3D. What can you learn from the role of the Holy Spirit in Simeon's life?